

ANNUAL ANIMAL BALANCE



2025

REPORT





ANIMAL BALANCE

TABLE OF CONTENTS



- A NOTE FROM EMMA
- 2025 STATS
- WHAT IS MASH
- THE NO BIRTH MOVEMENT
- GALAPAGOS PROGRAMS
- USA PROGRAMS
 - CALIFORNIA
 - SOUTHWEST
- IN THE NEWS...
- PARTNER SPOTLIGHTS
- DELANEY FOUNDATION
- CONTACT US

A NOTE FROM FOUNDER & DIRECTOR, EMMA CLIFFFORD

HAPPY HOLIDAYS EVERYONE!

OUR 21ST YEAR IN THE LIFE OF ANIMAL BALANCE WAS YET ANOTHER JAM-PACKED, POWERFUL ONE FOR SAVING LIVES! THANK YOU TO EACH OF YOU FOR SUPPORTING US.

IN THE US, OUR MOBILE ANIMAL STERILIZATION TEAMS (M.A.S.H) HAVE BEEN IN 5 US STATES AND WORKED WITH AN INCREDIBLE 24 DIFFERENT PARTNERS TO BRING HQHVSN (HIGH QUALITY HIGH VOLUME SPAY AND NEUTER) TO THOSE COMMUNITIES. OVER 50% ARE IN CALIFORNIA, WHICH IS EXACTLY WHERE WE NEED TO FOCUS OUR ENERGY, AS CALIFORNIA EUTHANIZES THE MOST ANIMALS IN THE U.S.

JUST A FEW WEEKS AGO, WE SHARED THE CONCEPT OF THE NO BIRTH MOVEMENT, AS THE NEXT CHAPTER ON FROM THE NO KILL MOVEMENT. THE GOAL IS THAT THE ANIMAL WELFARE MOVEMENT REFOCUSES ITS RESOURCES TOWARDS THE PREVENTION OF OVERPOPULATION, NOT FUNDING THE OUTCOME OF OVERPOPULATION, WHILE AT THE SAME TIME CREATING INNOVATIVE WAYS TO 'SPAY TAX' ANYONE WHO BREEDS AND SELLS ANIMALS.

TOWARDS THAT GOAL, OF PREVENTING OVERPOPULATION OF CATS AND DOGS, WE HAVE SPAYED AND NEUTERED 12,877 ANIMALS THIS YEAR!

CTD. ON FOLLOWING PAGE



CONGRATULATIONS TO ALL THE HQHVSN VETS, TECHS, ASSISTANTS AND HELPERS, THE LAUNDRY PERSON, THE AUTOCLAVE PERSON AND OF COURSE THE AMAZING PERSON WHO BRINGS US THOSE INCREDIBLE PLANT-BASED LUNCHES! IT TRULY TAKES EVERYONE'S PARTICIPATION TO MAKE THE CLINICS A SUCCESS. M.A.S.H CLINICS ARE HARD PHYSICAL WORK, IT TAKES VERY SKILLED, DEDICATED AND LASER FOCUSED TEAMS TO ACHIEVE THESE RESULTS.

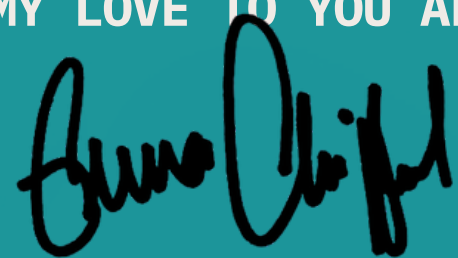
INTERESTINGLY, SHELTERS MAKE UP THE MAJORITY OF OUR PARTNERS. ADDITIONALLY, COUNCIL MEMBERS ARE LISTENING TO THEIR CONSTITUENTS AND ARE REACHING OUT TO US ASKING FOR LOW-COST STERILIZATION CLINICS FOR THE PUBLIC'S ANIMALS, IN CONJUNCTION WITH AND SUPPORT FROM LOCAL FOUNDATIONS. THIS IS HUGE NEWS!

INTERNATIONALLY, ISABELA ISLAND ON THE GALAPAGOS, SIGNED THE FIRST COMPLETELY HUMANE ANIMAL CONTROL ORDINANCE. THIS IS A MAJOR STEP AS IT IS ONE OF THE MOST DELICATE ARCHIPELAGOS ON THE PLANET. ON THIS ISLAND, 72% OF THE DOGS ARE STERILIZED AND 80% OF THE CATS AND NOW WE HELP MAINTAIN COEXISTENCE. ALL SPECIES ARE GIVEN A CHANCE TO SURVIVE AND THRIVE, EVEN THOUGH THEY SHARE THE SAME SPACE. THIS MAKES FOR AN EXCELLENT BLUEPRINT FOR ANY OTHER PLACE ON EARTH.

THESE CLINICS ARE DESPERATELY NEEDED AND WE PERFORM THEM EXCEEDINGLY WELL WITH TREMENDOUS RESULTS. WITH YOUR HELP, WE ARE GEARING UP TO GROW THE NO BIRTH MOVEMENT AND HELP THE U.S. TO SOLVE THE OVERPOPULATION CRISIS.

WE HOPE THAT AFTER YOU HAVE READ OUR ANNUAL REPORT THAT YOU CONSIDER MAKING A DONATION GIFT TO KEEP THIS WORK MOVING FORWARD. IT UNEQUIVOCALLY SAVES ANIMALS' LIVES AND MAKES HUMANS HAPPY.

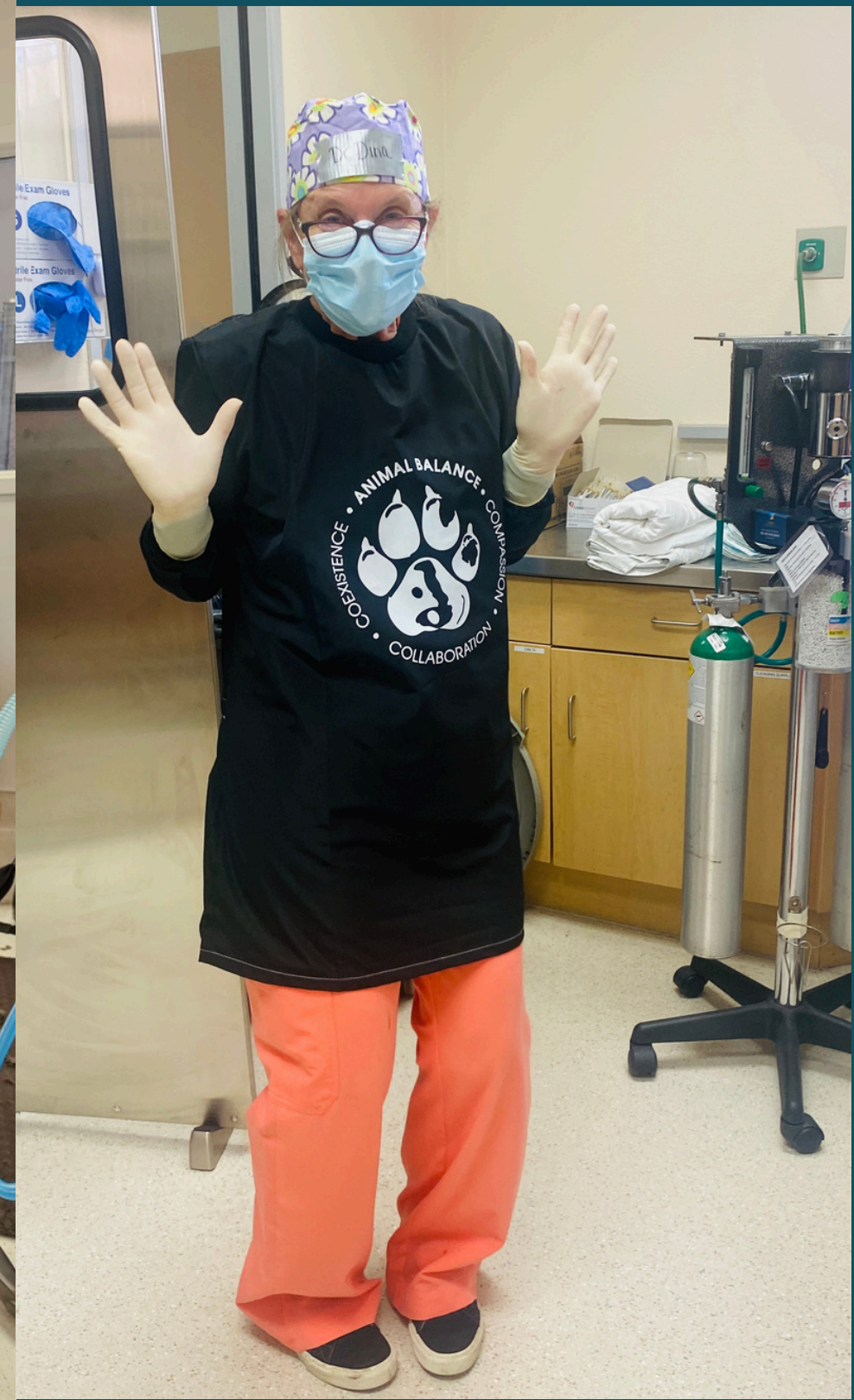
MY LOVE TO YOU ALL & HAPPY HOLIDAYS,



EMMA



2025... YEAR IN REVIEW



AN OVERVIEW

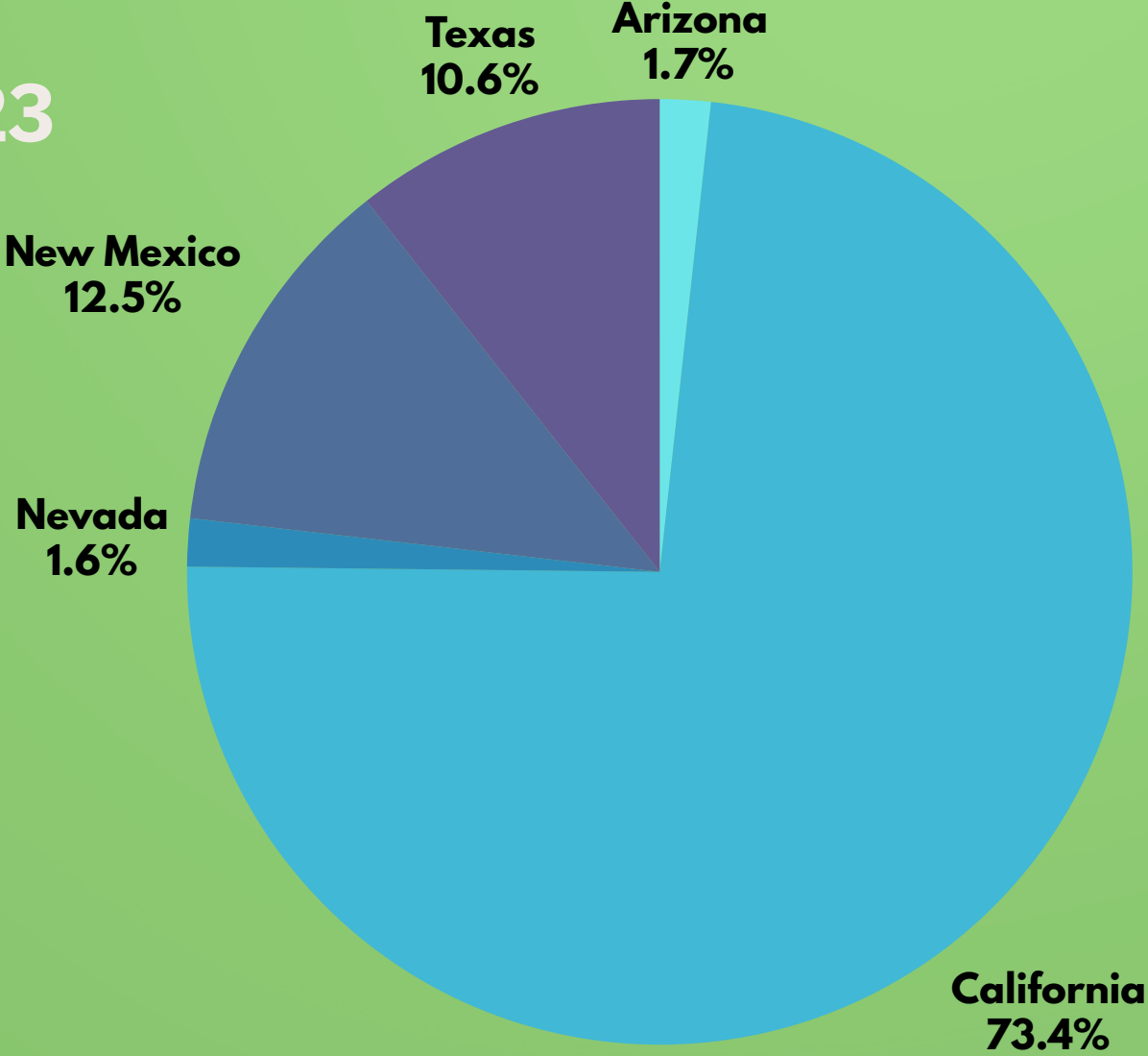
STATS

NUMBER OF PARTNERS: 23
STATES: 5
COUNTRIES: 2
NO OF DOGS: 6,280
NO OF CATS: 6,588
VACCINES: 15,328
MICROCHIPS: 6,173

TOTAL NUMBER OF
SURGERIES:

12877

BY STATE



PARTNERS

1. Fresno Animal Shelter
2. Bradshaw Animal Services, Sacramento
3. Front St. Animal Shelter, Sacramento
4. SPCA of Lake County
5. Clearlake Animal Association
6. Santa Cruz County Animal Services
7. San Francisco SPCA
8. Stanislaus Animal Services Agency
9. Dogwood Animal Rescue Project
10. Los Angeles Animal Services
11. The Michelson Found Animals Foundation
12. SEAACA, Downey CA
13. Paws for Life K9, Mission Hills CA
14. City of Albuquerque, NM
15. Bernalillo County Animal Services, NM
16. Williamson Co Regional Animal Shelter, TX
17. Friends of Williamson Co
18. Shadow Cats, Austin, TX
19. Human Animal Support Services, Temple, TX
20. Animal Welfare Coalition of NE NM
21. BHC S.A.I.N.T. Bullhead City AZ
22. LAPS/BFFL Laredo, TX
23. SPCA of Northern Nevada, Reno
24. Washoe County Regional Animal Services, Reno
25. Haven Humane Society, Anderson CA
26. Riverside Co Animal Services

WHAT IS M.A.S.H.?

Animal Balance is the global expert on Mobile Animal Sterilization Hospitals, aka M.A.S.H. Clinics.

M.A.S.H. Clinics allow for the safe, efficient sterilization of hundreds of animals over just a few days in a convenient location. They are cost effective, low barrier and enable access to veterinary care, especially in underserved areas.

A location such as a community center or gymnasium works well. Once the location is secured, a veterinarian can acquire a premise permit to use the location as a temporary clinic. Essential equipment is brought in, along with medical supplies and an experienced team of technicians and veterinarians.

Hundreds of sterilization surgeries, vaccinations and microchips can then be completed over the course of a long weekend.

LEARN MORE ABOUT M.A.S.H

Ed Boks, Author of *Animal Politics*, talked with Emma this year about M.A.S.H. and what it means to end overpopulation....

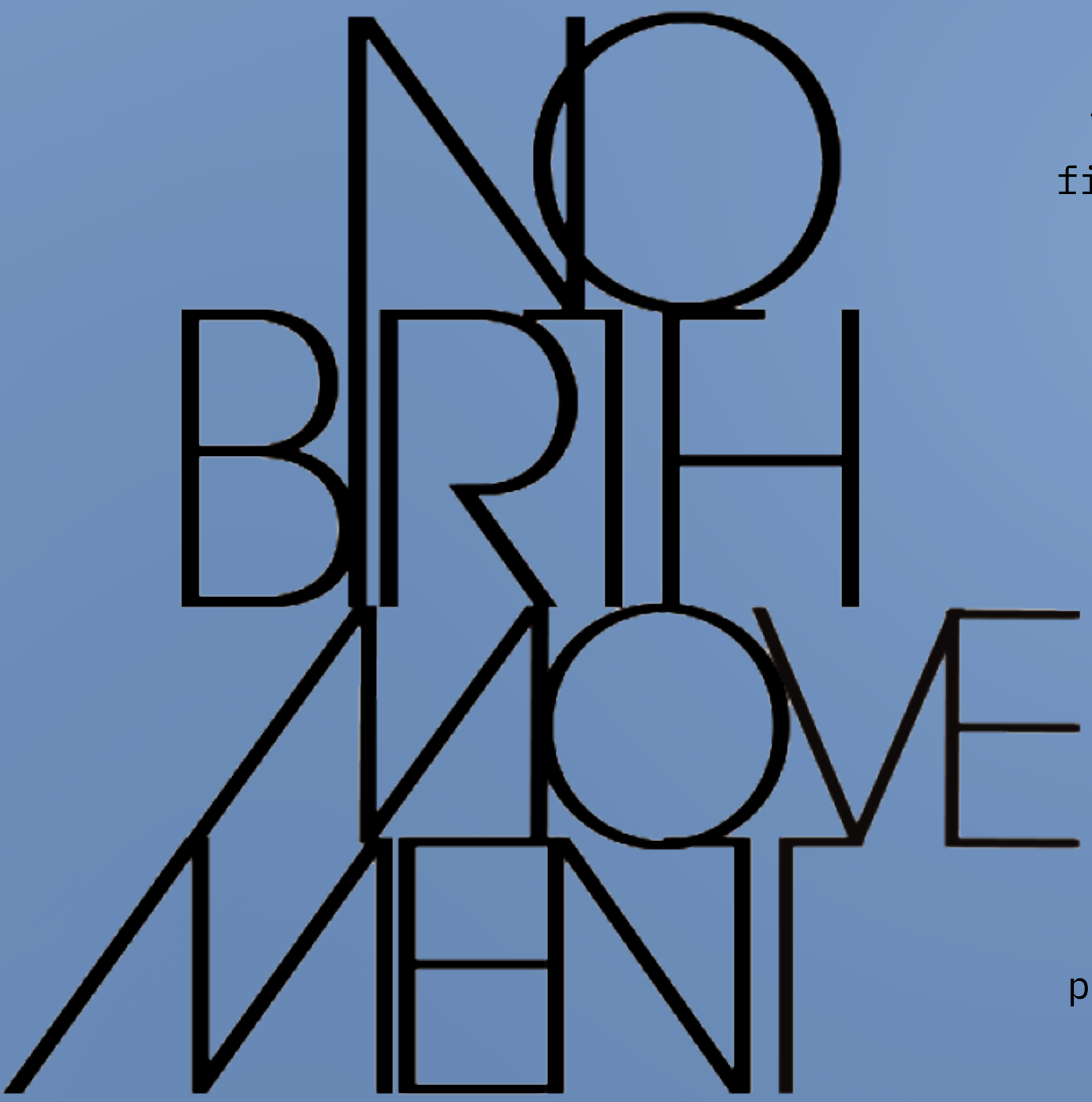
"ANIMAL POLITICS' goal is to surface models that move animal welfare from crisis management to prevention, with enough detail that local leaders can act. The Galápagos system, and Emma Clifford's work across multiple countries, show that a humane, prevention-first approach to dogs and cats is not theoretical. It already exists." ~Ed Boks

**The Island That Ended Pet
Overpopulation
By Ed Boks**



**From No Kill To No Birth: Emma Clifford's
M.A.S.H. Roadmap For U.S. Cities
By Ed Boks**





The No Birth Movement is here...

The overpopulation of cats and dogs can be stopped and finally prevented by increasing the number of accessible, affordable and targeted high-quality, high-volume spay and neuter clinics.

Sterilization humanely reduces the cat and dog populations, while vaccinations prevent the spread of disease and reduce pain and suffering.....

Let's change the language around NO KILL, and work towards NO BIRTH instead...

Learn more at nobirthmovement.org

Please share the concept of the No Birth Movement with your colleagues and friends, tag other animal welfare pages. Let's change the story, let's make social change.

#nobirthmovement

GALAPAGOS CLINICS

Our teams on Galapagos were busy with 4 clinic dates on two islands in 2025! Below are the results!

March

SANTA CRUZ: 59
ISABELA: 53

May

SANTA CRUZ: 65

August

SANTA CRUZ: 71
ISABELA: 86

November

SANTA CRUZ: 80
ISABELA: 56



Photo credit:
Ellen Shershow
Photography



[Click Here to Read the Full Report from our
Galapagos Program Director, Jessica Gonzalez](#)

GALAPAGOS



Photo credit:
Ellen Shershow
Photography

Spay It Forward Program

Animal Balance's Spay It Forward program is a tribute to the life and work of Dr. Diego Barrera (1977–2024), one of Ecuador's most compassionate and visionary veterinarians.

[Click to Read the Full Report Here](#)

This program is made possible by Connie and Stanley Varnhagen, Animal Balance alumni and extraordinary humans....

GALAPAGOS ACTIVITIES



KEY EVENTS IN 2025... READ THE FULL ACTIVITIES REPORT HERE OR AT [ANIMALBALANCEGALAPAGOS.ORG](https://animalbalancegalapagos.org)

Urban Fauna Ordinance - Isabela

The reform of Isabela Island's Urban Fauna Ordinance was the result of a multi-month process led jointly by the GAD Municipal de Isabela and Animal Balance. The work focused on updating an outdated regulatory framework and replacing punitive practices with humane, enforceable, and community-driven solutions. The discussions placed strong emphasis on compassion, public health, conservation needs, and long-term coexistence between people, domestic animals, and wildlife. The final ordinance was reviewed by municipal legal teams, validated in council sessions, and approved through a formal vote, making it the most progressive urban fauna regulation currently implemented in the Galápagos.

Community Education Campaign

The 2025 community education strategy focused on using art, games, and experiential learning to promote responsible coexistence between people, dogs, and cats. The campaign also aimed to strengthen local capacity by training community members and artists who can later lead creative educational activities independently. Through this combination of artistic engagement, play-based learning, and skill-building, the initiative seeks to create a more informed community and a sustainable base of local providers capable of continuing the work.

Digital Presence

Until now, information was scattered across social media, internal documents, and the main Animal Balance website, making it difficult for local authorities, partners, and community members to access clear and updated information. A standalone website was necessary to centralize resources, communicate progress transparently, and give the Galápagos initiative an identity aligned with its growing institutional role. **Check out the new website at animalbalancegalapagos.org!**

US PROGRAMS





The **SOUTHWEST**

Laredo, TX

**Williamson
Co, TX**

Bernalillo Co, NM

Albuquerque, NM

Reno, NV

**Bullhead
City, AZ**

Temple, TX

Round Rock, TX

Las Vegas, NM

Southwest Roundup

Our work in the southwest this year took us back to our roots in Texas, New Mexico and two new states; Arizona and Nevada! Our partners in these states range from the largest municipal shelter in Albuquerque, to a small community cat focused nonprofit in Texas. We love being able to help organizations of all shapes and sizes throughout the southwest. We were thrilled to add our first Arizona clinic in February with our friends at BHC S.A.I.N.T. in Bullhead City, and look forward to another three clinics with them in 2026. We also had the pleasure of working with our new friends at the SPCA of Northern Nevada and Washoe County Animal Services in Reno in September. We look forward to continuing to work with both of them to help them get a program of their own started. We were honored to see our friends at Animal Welfare Coalition of Northeastern New Mexico open their very own brick and mortar clinic after three years of training with our Animal Balance teams this year! Congratulations to AWC and all of our partner groups who hope to one day achieve the same goal!





CALIFORNIA Sacramento

Fresno **Santa Cruz**

Modesto Clearlake

Los Angeles Anderson

Downey **Riverside**



What's Happening In Cali

We had such a big year in California it is almost hard to believe! From Sacramento to LA, our teams worked in pretty much every corner of the state in 2025. California was by far our biggest impact state, with 9,113 of our 12,877 surgeries being performed here. California has one of the highest euthanasia rates in the country, hence the need for sterilization being so overwhelming in this state.

We also held our biggest clinic in the US yet with 400 dogs being sterilied over four days in June at the Paws for Life K9 shelter in Mission Hills! What a fun clinic that was...Helping 400 dogs over one weekend was unforgettable!

In 2026 we we plan to do even more in CA, with 5-6 clinics planned each month for the first half of the year!

In addition to doing clinics in California, our team is also working on legislation which would change the way we are able to respond to the spay/neuter crisis by removing barriers to holding MASH style clinics. We hope to continue working with the CVMA and CVMB in California, as well as our friends at the Shelter Pals program and the SFSPCA to continue this work into 2026. Stay tuned for more information on this exciting work!

PARTNER SPOTLIGHT

Clearlake SPCA/Clearlake Animal Association/Dogwood Animal Rescue Project

In 2025, we added Animal Balance as the next "building block" to our services. We were originally thinking 1,000 ADDITIONAL spay/neuters would be a fantastic 'jump start' to address the need in Lake County. What we didn't anticipate was the education on streamlining procedures, both surgically and for the support staff. The real surprise was the staff & volunteer excitement to be part of such an event. Several of our key staff have signed up to work with Animal Balance clinics in other locations. We have made connections with new vets and surgical staff who will be joining OUR clinics in 2026, and we signed up many new high-quality volunteers. These connections will allow us to offer more s/n surgeries in the same four-day footprint we currently have.

~Nancy Johnson, President, SPCA of Lake County



PARTNER SPOTLIGHT

Haven Humane Society, Anderson CA



I am so thankful for Animal Balance coming to our rescue here in Shasta County. Our shelter has been over capacity for many years, and as a result, our veterinary team has had their hands full caring for the animals already in our care. This leaves very few open spots to assist the public with daily spay and neuter surgeries. Animal Balance has been a blessing to our community, altering 600 plus animals over a span of only 3 months; we are only capable of spaying and neutering 100-150 animals in that same amount of time.

What impressed me the most about the Animal Balance team is how they bring together a large group of people—many volunteers, and many meeting each other for the first time—from all over the country and from different walks of life. Then, like magic, all of these people begin working together seamlessly. It's like watching a school of fish move with grace, even while handling the stress of caring for 65-70 animals a day. There are an average of 30 people working together at all times.

Each animal is treated with care from the moment it is checked in to surgical induction, monitoring, recovery, and finally the moment it walks out the front door. Our volunteers were excited to work in a different department, meet new people, and learn new skills.

The entire event was well organized and had an excellent flow, making a positive impact on our staff, our volunteers, the animals, and the families in our community.

~Dr. Kristin Campbell, Medical Director, Haven Humane Society

PARTNER SPOTLIGHT

Santa Cruz County Animal Services



Working with Animal Balance for the last 2 years in Santa Cruz County, CA has been truly remarkable. Their fearlessness, professionalism, and commitment to truly collaborative, respectful, and compassionate preventive health service is contagious and inspiring. We finish each clinic a bit exhausted, but also deeply gratified, knowing we've helped hundreds of families make the key investments of sterilization, vaccination, and microchipping for their beloved companions, and prevented thousands of potential future intakes at our shelter. Animal Balance makes the challenging experience of hosting a 3-day HQHV clinic joyful, compassionate and welcoming for staff, volunteers, pet owners, AND pets!

**~Amber Rowland, General Manager, Santa Cruz County
Animal Services**

Animal Welfare Coalition of Northeastern New Mexico

Animal Balance enters every partnership with the hope that the partner group will one day carry on the work we do together...



The Animal Welfare Coalition of North Eastern New Mexico has always had an emphasis on providing access to affordable spay and neuter. For years they relied mostly on resources at least an hour away and over a mountain pass that is closed seasonally. The organization scheduled and juggled transports on a weekly basis and brought mobile clinics periodically when available. When AWC exited the shelter in 2022 the board decided that the biggest impact they could have on the booming overpopulation of animals was through affordable spay/neuter. Their director tried calling various organizations and many were just reopening after Covid or already committed and had full schedules. Then they heard that their neighbours in Santa Rosa NM were hosting a MASH-style clinic in partnership with Animal Balance! They drove down and met the team and just a few months later, in November 2022, we held our first clinic together. The rest, as they say, is history. Seven MASH clinics and over 1,000 surgeries later they were ready to sustain our own brick and mortar clinic. Animal Balance staff and volunteers helped train their team, secured a phenomenal veterinarian and techs, and placed orders for equipment and supplies. Most importantly we made friends for life and got to know this amazing community that shows up for each other and the animals! We could not be more proud of this team and the work they continue to do.

Thank you

The Andrew Delaney Foundation

Sometimes our friends make it possible for us to help in new locations, and thanks to the Andrew Delaney Foundation, Animal Balance was able to help in Temple TX, Williamson Co. TX and Bullhead City, AZ. These partnerships made a huge impact in small, rural communities without much access to care.



CONTACT US



Visit animalbalance.org and
animalbalancegalapagos.org to learn more!

- Donate
- Volunteer
- Work with Us

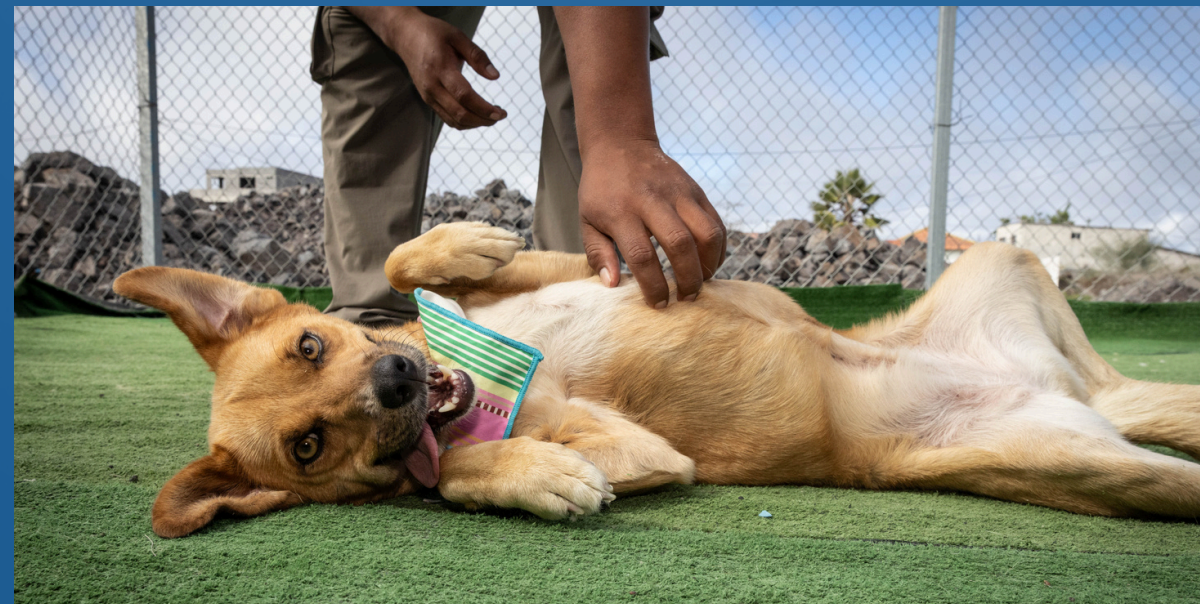


Photo credit:
Ellen Shershow
Photography

Animal Balance is a 501c3 nonprofit organization, tax ID
68-0630714

P0 Box 66406 Portland OR 97290

THANK YOU



Michelson Found Animals



**THE ANDREW DELANEY
FOUNDATION**

